10-Mile Flower Mound Training Walk – IHOP

LEFT (south) onto FM 2499 / Long Prairie Road

LEFT onto FM 3040 / Flower Mound Road

RIGHT at Morriss Road (crossing FM 3040 toward Kroger)

PIT STOP at Kroger

(2.25 / 2.25)

CROSS FM 3040 / Flower Mound Road

CROSS Morriss Road (to walk on right side – for more shade)

Head north on Morriss Road

LEFT onto Firewheel Drive

RIGHT onto FM 2499 / Long Prairie Road

LEFT at Churchill Drive (crossing FM 2499 toward Kroger)

Head into parking lot and walk along buildings toward Kroger

PIT STOP at Kroger

(3.25 / 5.5)

Head along buildings toward Churchill Drive

CROSS Churchill Drive

RIGHT (south) onto FM 2499 / Long Prairie Road

LEFT onto Sagebrush Drive

RIGHT onto Morriss Road

At the corner of Morriss Road and Garden Road (at a traffic light),

look for a trail to the right!

RIGHT onto the trail

At every Fork on trail, go to the LEFT

Head toward a road (Forest Vista Drive)

RIGHT onto Forest Vista Drive

RIGHT (north) onto FM 2499 / Long Prairie Road

PIT STOP at IHOP

(3/8.5)

Head out the back of the parking lot

Pass the first building, and then ...

RIGHT toward a dumpster, where you'll see a bridge

CROSS bridge, and then ...

LEFT onto trail

Stay on trail and you will come to a big open park area

CROSS bridge by pond, and then ...

RIGHT (still on trail)

RIGHT onto Forest Vista Drive

RIGHT (north) onto FM 2499 / Long Prairie Road

FINISH at IHOP !!!!!!!!!

(2/10.5)

(All distances are approximate!!)