18-Mile Flower Mound Training Walk – IHOP

LEFT (south) onto FM 2499 / Long Prairie Road

LEFT onto FM 3040 / Flower Mound Road

RIGHT at Morriss Road (crossing FM 3040 toward Kroger)

PIT STOP at Kroger   (2.25 / 2.25)

CROSS FM 3040 / Flower Mound Road

CROSS Morriss Road (to walk on right side – for more shade)

Head north on Morriss Road

LEFT onto Firewheel Drive

RIGHT onto FM 2499 / Long Prairie Road

LEFT at Churchill Drive (crossing FM 2499 toward Kroger)

Head into parking lot and walk along buildings toward Kroger

PIT STOP at Kroger   (3.25 / 5.5)

Head along buildings toward Churchill Drive

CROSS Churchill Drive

RIGHT (south) onto FM 2499 / Long Prairie Road

LEFT onto Sagebrush Drive

RIGHT onto Morriss Road

At the corner of Morriss Road and Garden Road (at a traffic light),

look for a trail to the right!

RIGHT onto the trail

At every Fork on trail, go to the LEFT

Head toward a road (Forest Vista Drive)

RIGHT onto Forest Vista Drive

RIGHT (north) onto FM 2499 / Long Prairie Road

PIT STOP at IHOP   (3.5 / 9.0)

REPEAT LOOP in Reverse

LEFT (south) onto FM 2499 / Long Prairie Road

LEFT onto Forest Vista Drive

Enter park on the left and walk on the trail

At every Fork on trail, go to the RIGHT

Emerge onto Morris Road at Garden Ridge Road

Turn LEFT onto Morris Road

LEFT onto Sagebrush Drive

RIGHT (north) onto FM 2499 / Long Prairie Road

CROSS Churchill Drive

Head into parking lot and walk along buildings toward Kroger

PIT STOP at Kroger   (3.5 / 12.5)

Exit Kroger and walk along buildings back to Churchill Drive

RIGHT onto FM 2499 / Long Prairie Road

LEFT onto Firewheel Drive

RIGHT (south) onto Morriss

CROSS Morriss Road (to walk on left side – for more shade)

CROSS FM 3040 / Flower Mound Road

PIT STOP at Kroger   (3.25 / 15.75)

Exit Kroger and CROSS FM 3040 / Flower Mound Road

LEFT onto FM 3040 / Flower Mound Road

RIGHT onto FM 2499 / Long Prairie Road

FINISH at IHOP !!!!!!!!!!!   (2.25 / 18)

(All distances are approximate!!)